

TARGETING CANCER FUN RUN AND WALK EVENT BRIEFING MELBOURNE 2025

INTRODUCTION

Welcome to the 2025 Targeting Cancer 5km Fun Run and 2.5km Walk, held on Wurundjeri Land.

This year we have a course for you that follows the picturesque Yarra, taking in some great local landmarks, such as the mosaic sculpture Ophelia (on the approach to the St Kilda bridge underpass), the Southgate Precinct, and the appealing Alexandra Gardens.

RANZCR has assembled a crack team to get you to and through your event. A huge thanks to Hind Abdel Halim, Rami Elzahaby, Sarah Dowd, and the other organising members in assisting to get this event off the ground once more. All the best to our on-the-day organising team!

Also thank you to our sponsor Brainlab, as well as the Melbourne City Council for their event guidance.

Congratulations to you all for getting to the start line, and for once again helping to raise awareness for radiation therapy.

Please read on below to get all the details for the event.

1. ITINERARY (all events)

Race Number and Event Gifts Pickup: Melbourne Convention and Exhibition Centre, RANZCR booth, from 23rd October.

OR

At the event on event day (October 25)

Check-in Time (for new registrations only – no need to check in if you already have your number):

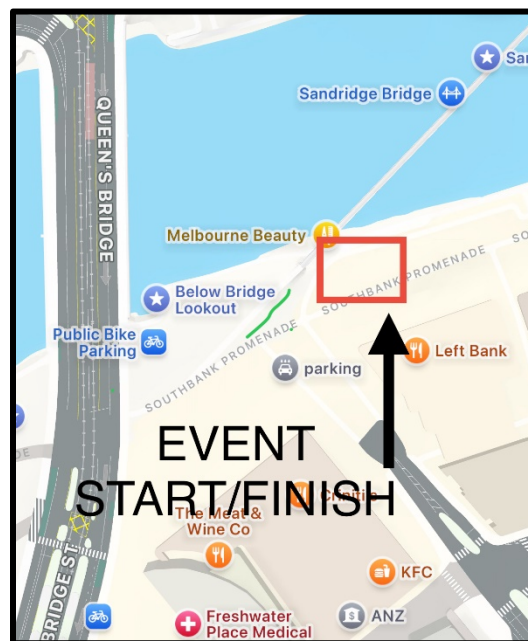
5.30am

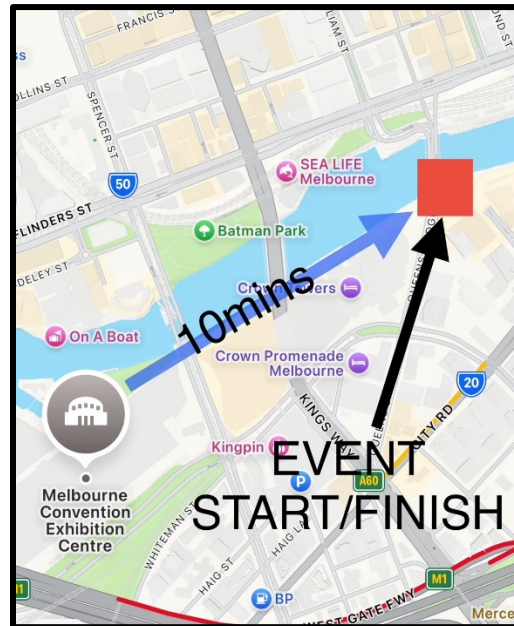
Organiser and sponsor speeches: 5.45am

Warm-up: 5.50am

Event Start Time: 6.00am

Start/Finish location: Yarra Promenade, adjacent the Sandridge Bridge (footbridge just beyond Queen's Bridge).





The event start/finish area is a mere ten minute walk along the Esplanade from the MCEC.

2. COURSE OVERVIEW



Walkers you will be turned at approximately the 1.2km mark.

The 2025 course for both runners and walkers follows the Yarra/Southbank Promenade, for an out-and-back adventure. Volunteers will be at the respective turnaround points and at other critical junctures along the way.

The surface will be pavement and in good condition. Please remember though that this is a **shared path** and that normal pedestrian rules apply. The event start may be staggered to minimise any potential interactions between participants and the general public.

You can also view the interactive map online here

<https://www.plotaroute.com/route/3142646?units=km>

3. COURSE MARKING

The course will also be marked with red arrows on square white corflute. Most of the arrows will be labeled RANZCR but some will just be plain red arrows on white.

4. AID STATIONS

At the start/finish entrants will be provided with water along with fruit and other light nutrition.

5. TIMING

Timing for this event will be conducted using an app timer called RaceSplitter, which is our usual timing system for the Targeting Cancer event.

The link to your results will be made available at the Racesplitter link the afternoon after the event

<https://www.racesplitter.com/races/87813A60D>

6. WEATHER UPDATE

Participants and organisers look to be in for some nice cool weather on Saturday, with only a slight possibility of rain forecast and temperature at event start time somewhere around 10-12 degrees.

Thanks again for your support, and have a great event!